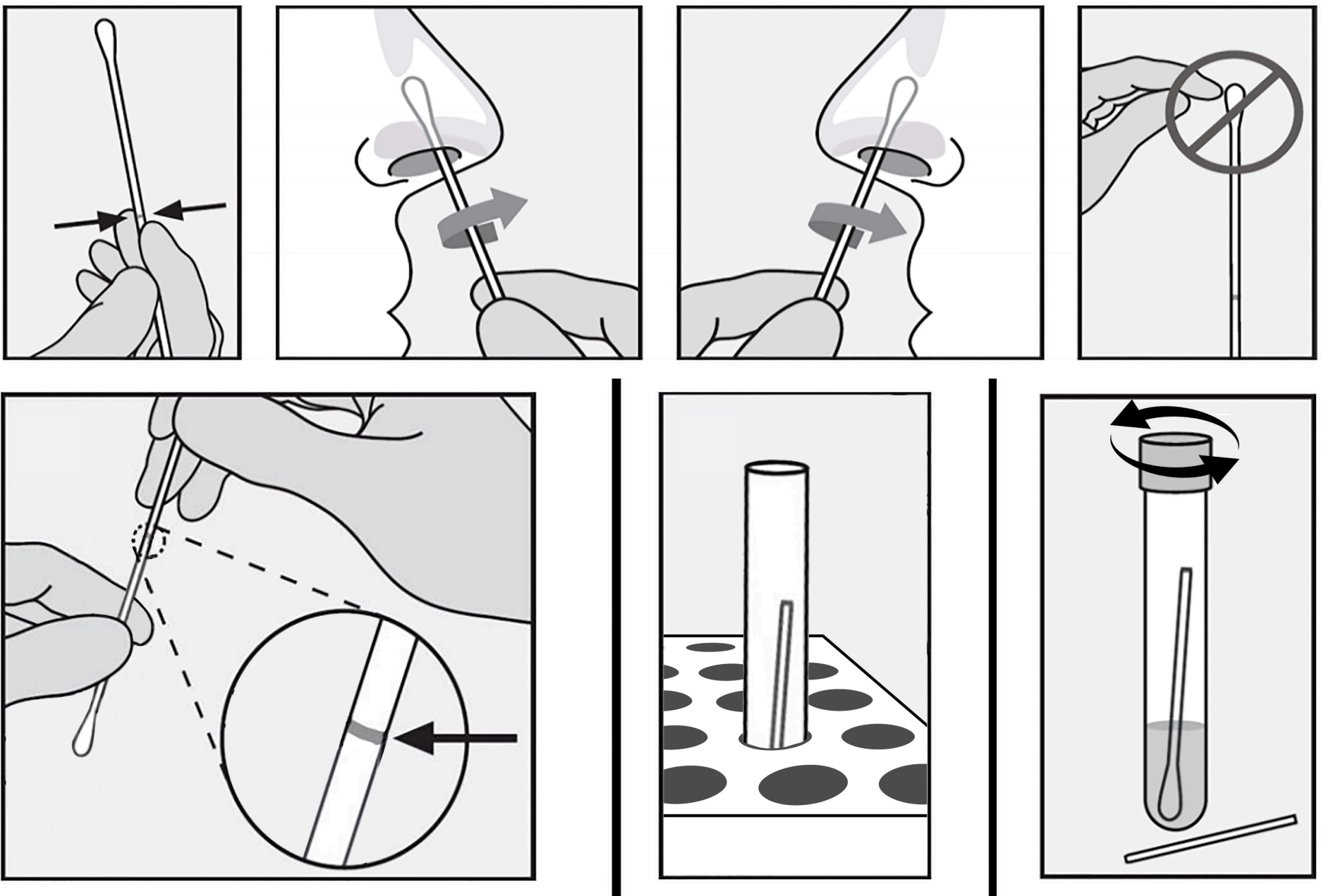


Self-Administered Swabbing



1. Insert cotton swab into right nostril.
2. Rotate 3x along inside edge of nostril.
3. Repeat for left nostril.
4. Break the swab at the perforation
(**be sure not to touch the cotton tip**).
5. Drop swab into liquid in test tube and dispose of other end of swap.
6. Close the collection tube **TIGHTLY**, place in plastic bag provided, and deposit into marked receptacle on table.